



Original Research Paper

Ecological Analyses of Plant Species Distributed in the Aydar–Arnasay Lake System

**Dilfuza Imomova^{1*}, Miromil Gudalov², Zuhra Yakhshiyeva³, Sardor Urolov⁴,
Zoyir Qilichev⁵, Aziza Mirzayeva⁶**

^{1*}Associate Professor, Head, Department of Preclinical Sciences, Jizzakh State Pedagogical University, Jizzakh, Uzbekistan. Email: dilfuza.imomova@inbox.ru, ORCID: <https://orcid.org/0000-0002-9403-7538>

²Associate Professor, Head, Department of Geography, Jizzakh State Pedagogical University, Jizzakh, Uzbekistan. Email: mirkomilgudalov78@gmail.com, ORCID: <https://orcid.org/0000-0002-2696-2430>

³Professor, Dean, Faculty of Natural Sciences, Jizzakh State Pedagogical University, Jizzakh, Uzbekistan. Email: zuxrayaxshiyeva@jdpu.uz, ORCID: <https://orcid.org/0000-0003-4603-2035>

⁴Ufa University of Science and Technology, Ufa, Russia. Email: sardorurolov23@gmail.com, ORCID: <https://orcid.org/0009-0008-6792-049X>

⁵Lecturer, Department of Ecology and Geography, Gulistan State University, Gulistan, Uzbekistan. Email: zoyirqilichev555@gmail.com, ORCID: <https://orcid.org/0009-0005-4671-0635>

⁶Department of Geography, Jizzakh State Pedagogical University, Jizzakh, Uzbekistan. Email: mirzaevaa83@gmail.com, ORCID: <https://orcid.org/0000-0002-2178-2641>

Key Words

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Euhalophyte,
Haloglycophyte,
Hemihalophyte,
Eucserophyte,
Hemixerophyte,
Ombrophyte,
Phreatophyte,
Forage,
Medicinal,
Food,
Dye-yielding,
Essential oil-bearing,
Weeds.

Abstract

In determining the plant species distributed in the Aydar-Arnasay lake system, the current natural biological diversity of the area, environmental ecological monitoring, and the adaptation of plant species to different ecological conditions were studied. As a result, it was identified that 324 plant species are distributed in the territory. By life forms, these include: 3 tree species (0.92%), 23 shrub species (7.09%), 17 subshrubs (5.25%), 93 perennial herbs (28.7%), and 188 annual herbs (58.04%). Ecological groups of the plant species distributed in the area were identified according to soil mechanical composition, soil chemical composition, moisture level, and water regime. Based on the analyses, the 324 plant species widely distributed in the Aydar-Arnasay lake system were classified into four ecological groups based on soil mechanical composition, five ecological groups based on soil salinity (salt tolerance), five ecological groups based on soil moisture level, and four ecological groups according to their water requirements.

* Corresponding Author's email: dilfuza.imomova@inbox.ru

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Introduction

The Aydar–Arnasoy lake system was formed as a result of anthropogenic impacts on the hydrological regime of the Chardara Reservoir, and its current natural conditions have changed, transforming it into a unique natural biogeographical region (Gudalov, 2009). The territory of the lake system is located within the desert zones of the Navoi and Jizzakh regions (Beydeman, 1983; Qodirov, 2008).

The natural geographical structure of the Jizzakh region includes various geomorphological forms such as deserts, foothills, and mountains. Accordingly, its climate, soils, flora, and fauna are highly diverse (Raunkiaer, 1937; Zakirov, 1955). The climate of both regions is sharply continental, reflecting the climatic features of lowland–desert and mountainous areas, characterized by hot summers and cold, relatively mild winters (Kadyrov, 2005).

Identifying the plant species distributed in the region is one of the most important practical tasks for assessing the current state of biological diversity and for conducting ecological environmental monitoring (Rakhimova, 2021; Serebryakov, 1962).

According to scientific data and the results of field expeditions, more than 320 plant species have been recorded in the Aydar–Arnasoy lake system. The vegetation cover is dominated by species such as *Calligonum* (juzgun), *Salsola* (shora), *Tamarix* (yulgun), *Haloxylon* (black saxaul), *Alhagi* (camelthorn), *Atriplex*, *Phragmites* (reed), *Halocnemum*, *Salicornia*,

Caragana, *Tribulus*, *Limonium*, *Rumex*, *Suaeda*, *Anabasis*, *Artemisia*, *Hordeum*, sparse *Tamarix* species, and *Populus euphratica* (turanğa), as reported by Granitov I.I. and Zakirov P.K.

Results

The study of how plant species adapt to different ecological environments within the Aydar–Arnasoy lake system is of significant theoretical and practical importance. It is well known that during historical development, each plant species adapts to specific soil conditions and determines its growth environment within certain ecological limits.

Based on field investigations and the analysis of literature sources, it was established that the flora of the region consists of 324 plant species (Serebryakov, 1964). According to life forms, these include:

- Trees: 3 species (0.92%)
- Shrubs: 23 species (7.09%)
- Subshrubs: 17 species (5.25%)
- Perennial herbs: 93 species (28.7%)
- Annual herbs: 188 species (58.04%)

Available scientific sources do not provide a detailed classification of the ecological groups of plant species distributed in the Aydar–Arnasoy lake system. Therefore, in order to determine the ecological affiliation of each species, existing literature and materials collected during field expeditions were thoroughly analyzed.

As a result, ecological groups of plant species were identified based on:

- soil mechanical composition,
- soil chemical composition,

- moisture level,
- and water availability.

The analysis showed that the 324 plant species widely distributed in the Aydar–Arnasoy lake system can be classified into:

- 4 ecological groups based on soil mechanical composition,

- 5 ecological groups based on soil salinity tolerance,

- 5 ecological groups based on soil moisture level,

- 4 ecological groups based on water requirements (as presented in Table 1).

Table 1: Some Plant Species Distributed in the Aydar–Arnasoy Lake System, Their Main Ecological Groups, and Economic Significance

No.	Dominant species	Soil mechanical composition	Soil salinity tolerance	Soil moisture preference	Water requirement	Economic importance
1	<i>Amaranthus albus</i> L.	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Fodder plant, weed
2	<i>Amaranthus deflexus</i> L.	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Fodder plant, weed
3	<i>Amaranthus retroflexus</i> L.	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Fodder plant, weed
4	<i>Chenopodium album</i> L.	Halophyte	Euhalophyte	Euxerophyte	Ombrophyte	Fodder, medicinal, food, dye, essential oil
5	<i>Chenopodium botrys</i> L.	Halophyte	Euhalophyte	Euxerophyte	Ombrophyte	Medicinal, dye, essential oil
6	<i>Chenopodium chenopodioides</i> (L.)	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, weed
7	<i>Chenopodium glaucum</i> L.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, weed
8	<i>Chenopodium rubrum</i> L.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Food, medicinal, weed
9	<i>Chenopodium vulvaria</i> L.	Halophyte	Euhalophyte	Euxerophyte	Ombrophyte	Medicinal, dye, weed
10	<i>Spinacia turkestanica</i> Iljin	Psammophyte	Haloglycophyte	Hemi-xerophyte	Ombrophyte	Food plant, weed
11	<i>Atriplex aucheri</i> Moq.	Psammophyte	Haloglycophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
12	<i>Atriplex dimorphostegia</i> Kar. & Kir.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant
13	<i>Atriplex flabellum</i> Bunge	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Fodder plant
14	<i>Atriplex ornata</i> Iljin	Psammophyte	Haloglycophyte	Euxerophyte	Phreatophyte	Medicinal, dye, essential oil
15	<i>Atriplex tatarica</i> L.	Halophyte	Euhalophyte	Euxerophyte	Phreatophyte	Fodder plant, weed
16	<i>Ceratocarpus arenarius</i> L.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant, weed
17	<i>Camphorosma monspeliaca</i> L.	Gypsophyte	Hemihalophyte	Stipa-xerophyte	Trichophyte	Food, medicinal, weed
18	<i>Bassia eriophora</i> (Schr.) Asch.	Psammophyte	Haloglycophyte	Stipa-xerophyte	Trichophyte	Medicinal, dye plant, weed
19	<i>Bassia hyssopifolia</i> (Pall.) Kuntze	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Food plant, weed
20	<i>Kochia iranica</i> Bornm.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant
21	<i>Kochia prostrata</i> (L.) Schrad.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant

22	<i>Kochia scoparia</i> (L.) Schrad.	Psammophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Fodder plant
23	<i>Corispermum lehmannianum</i> Bunge	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant
24	<i>Agriophyllum lateriflorum</i> (Lam.) Moq.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Fodder plant
25	<i>Kalidium caspicum</i> (L.) Ung.-Sternb.	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
26	<i>Haloepelis pygmaea</i> (Pall.) Bunge ex Ung.-Sternb.	Psammophyte	Haloglycophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
27	<i>Halostachys belangeriana</i> (Moq.) Botsch.	Psammophyte	Haloglycophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
28	<i>Halocnemum strobilaceum</i> (Pall.) M. Bieb.	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Phreatophyte	Poisonous
29	<i>Salicornia europaea</i> L.	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Phreatophyte	Poisonous, medicinal, technical
30	<i>Suaeda acuminata</i> (C.A. Mey.) Moq.	Halophyte	Hyperhalophyte	Euxerophyte	Trichophyte	Phytomeliorant
31	<i>Suaeda altissima</i> (L.) Pall.	Halophyte	Euhalophyte	Euxerophyte	Phreatophyte	Fodder plant
32	<i>Suaeda arcuata</i> Bunge	Gypsophyte	Euhalophyte	Euxerophyte	Phreatophyte	Fodder plant
33	<i>Suaeda dendroides</i> (C.A. Mey.) Moq.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant
34	<i>Suaeda heterophylla</i> Bunge ex Boiss.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, weed
35	<i>Suaeda linifolia</i> Pall.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, weed
36	<i>Suaeda paradoxa</i> (Bunge) Bunge	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, weed
37	<i>Salsola arbuscula</i> Pall.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, tanning, dye, alkaloid-containing
38	<i>Salsola arbusculiformis</i> Drobow	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Trichophyte	Fodder plant
39	<i>Salsola collina</i> Pall.	Halophyte	Euhalophyte	Hemi-xerophyte	Trichophyte	Fodder plant
40	<i>Salsola dendroides</i> Pall.	Halophyte	Euhalophyte	Hyper-xerophyte	Phreatophyte	Fodder plant, forest amelioration
41	<i>Salsola foliosa</i> (L.) Schrad. ex Schult.	Halophyte	Euhalophyte	Hemi-xerophyte	Trichophyte	Fodder plant
42	<i>Salsola iberica</i> Sennen & Pau	Halophyte	Euhalophyte	Hemi-xerophyte	Trichophyte	Fodder plant
43	<i>Salsola leptoclada</i> Gand.	Halophyte	Euhalophyte	Hyper-xerophyte	Trichophyte	Fodder plant
44	<i>Salsola micranthera</i> Botsch.	Halophyte	Euhalophyte	Hyper-xerophyte	Phreatophyte	Fodder plant
45	<i>Salsola orientalis</i> S.G. Gmel.	Halophyte	Euhalophyte	Hyper-xerophyte	Trichophyte	Phytomeliorant, alkaloid-containing, medicinal, fodder plant
46	<i>Salsola paletzkiana</i> Litv.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, medicinal, tanning, fodder plant

47	<i>Salsola paulsenii</i> Litv.	Halophyte	Euhalophyte	Stipa-xerophyte	Trichophyte	Phytomeliorant, fodder plant
48	<i>Salsola richteri</i> (Moq.) Kar. ex Litv.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, alkaloid-containing, medicinal, fodder plant
49	<i>Salsola sclerantha</i> C.A. Mey.	Halophyte	Euhalophyte	Hyper-xerophyte	Trichophyte	Fodder plant
50	<i>Salsola turkestanica</i> Litv.	Halophyte	Euhalophyte	Hyper-xerophyte	Phreatophyte	Fodder plant
51	<i>Salsola vvedenskyi</i> Iljin & Popov	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
52	<i>Climacoptera crassa</i> (M. Bieb.) Botsch.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
53	<i>Climacoptera intricata</i> (Iljin) Botsch.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
54	<i>Climacoptera lanata</i> (Pall.) Botsch.	Halophyte	Hyperhalophyte	Euxerophyte	Trichophyte	Phytomeliorant
55	<i>Climacoptera longistylota</i> (Iljin) Botsch.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
56	<i>Halothamnus glaucus</i> (M. Bieb.) Botsch.	Gypsophyte	Hemihalophyte	Hyper-xerophyte	Trichophyte	Fodder plant, medicinal
57	<i>Halothamnus subaphyllus</i> (C.A. Mey.) Botsch.	Gypsophyte	Hemihalophyte	Hyper-xerophyte	Trichophyte	Fodder plant, medicinal, dye plant
58	<i>Girgensohnia oppositiflora</i> (Pall.) Fenzl	Psammophyte	Haloglycophyte	Euxerophyte	Phreatophyte	Fodder plant
59	<i>Girgensohnia diptera</i> Bunge	Psammophyte	Haloglycophyte	Euxerophyte	Phreatophyte	Fodder plant, dye plant
60	<i>Hammada gamoscarpa</i> (Moq.) Bunge	Halophyte	Haloglycophyte	Euxerophyte	Ombrophyte	Phytomeliorant, fodder plant
61	<i>Anabasis eriopoda</i> (Schrenk) Paulsen	Gypsophyte	Hemihalophyte	Euxerophyte	Ombrophyte	Fodder plant, honey plant
62	<i>Anabasis salsa</i> (Ledeb.) Benth. ex Volkens	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant, medicinal
63	<i>Haloxylon ammodendron</i> (C.A. Mey.) Bunge ex Fenzl	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, alkaloid-containing, fodder plant
64	<i>Haloxylon persicum</i> Bunge	Gypsophyte	Hemihalophyte	Hyper-xerophyte	Trichophyte	Fodder plant, forest-forming species
65	<i>Halocharis hispida</i> (Schrenk) Bunge	Halophyte	Euhalophyte	Hyper-xerophyte	Trichophyte	Fodder plant, weed
66	<i>Halimosnemis mollissima</i> Bunge	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
67	<i>Halimosnemis villosa</i> Kar. & Kir.	Psammophyte	Haloglycophyte	Hemi-xerophyte	Phreatophyte	Fodder plant
68	<i>Ephedra strobilacea</i>	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, fodder plant
69	<i>Artemisia diffusa</i>	Psammophyte	Haloglycophyte	Poikiloxerophyte	Ombrophyte	Sand stabilizer, medicinal, essential oil, coumarin-containing, fodder plant
70	<i>Poa bulbosa</i>	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Sand stabilizer, fodder plant

71	<i>Butomus umbellatus</i> L.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Phytomeliorant, medicinal, ornamental, honey plant
72	<i>Merendera robusta</i> Bunge	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Medicinal, ornamental
73	<i>Gagea afghanica</i> A. Terracc.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, ornamental
74	<i>Tulipa lehmanniana</i> Mercklin	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, ornamental, Red Data Book species
75	<i>Iris longiscapa</i> Ledeb.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, ornamental
76	<i>Iris songarica</i> Schrenk	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, ornamental, honey plant, poisonous
77	<i>Allium caspium</i> (Pall.) M. Bieb.	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Medicinal, perennial, ornamental
78	<i>Typha latifolia</i> L.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Sand stabilizer, fodder plant
79	<i>Medicago lupulina</i> L.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Medicinal, sand stabilizer, fodder plant
80	<i>Medicago sativa</i> L.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Medicinal, sand stabilizer, fodder plant
81	<i>Medicago rigidula</i> (L.) All.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Medicinal, sand stabilizer, fodder plant
82	<i>Astragalus camphylorhynchus</i> Fisch. & C.A. Mey.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Sand stabilizer, fodder plant
83	<i>Astragalus camphylorhynchus</i> Fisch. & C.A. Mey.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Sand stabilizer, fodder plant
84	<i>Astragalus filicaulis</i> Fisch. & C.A. Mey.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-containing, fodder plant
85	<i>Astragalus flexus</i> Fisch.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-containing, fodder plant
86	<i>Astragalus macrocladus</i> Bunge	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-containing, fodder plant
87	<i>Astragalus persipolitanus</i> Boiss.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-containing, fodder plant
88	<i>Astragalus turczaninovii</i> Kar. & Kir.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-containing, fodder plant
89	<i>Astragalus unifoliolatus</i> Bunge	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Sand stabilizer, medicinal, dye plant, alkaloid-

						containing, fodder plant
90	<i>Alhagi canescens</i> (Regel) B. Keller & Shap.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Medicinal, sand stabilizer, fodder plant, honey plant
91	<i>Alhagi kirghisorum</i> Schrenk	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Medicinal, sand stabilizer, fodder plant, honey plant
92	<i>Alhagi pseudalhagi</i>	Psammophyte	Hemihalophyte	Hemi-xerophyte	Phreatophyte	Medicinal, sand stabilizer, fodder plant, honey plant
93	<i>Peganum harmala</i>	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Trichophyte	Medicinal, sand stabilizer, honey plant, alkaloid-containing
94	<i>Capparis spinosa</i> L.	Gypsophyte	Hemihalophyte	Hemi-xerophyte	Trichophyte	Medicinal, dye plant, tanning, essential oil, honey plant
95	<i>Capsella bursa-pastoris</i> (L.) Medik.	Psammophyte	Haloglycophyte	Refugioxerophyte	Ombrophyte	Medicinal, fodder plant
96	<i>Tamarix elongata</i> Ledeb.	Halophyte	Euhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, medicinal, dye plant, tanning, essential oil, honey plant, fodder plant
97	<i>Tamarix hispida</i>	Halophyte	Hyperhalophyte	Hemi-xerophyte	Phreatophyte	Phytomeliorant, medicinal, dye plant, tanning, essential oil, honey plant, fodder plant
98	<i>Limonium otolepis</i>	Halophyte	Euhalophyte	Stipa-xerophyte	Trichophyte	Phytomeliorant, dye plant, tanning, medicinal, fodder plant
99	<i>Calligonum caput-medusae</i>	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Sand stabilizer, tanning, fodder plant
100	<i>Calligonum leucocladium</i>	Psammophyte	Haloglycophyte	Euxerophyte	Trichophyte	Sand stabilizer, tanning, fodder plant
101	<i>Cousinia microcarpa</i> Boiss.	Gypsophyte	Hemihalophyte	Euxerophyte	Trichophyte	Medicinal, sand stabilizer, fodder plant, honey plant
102	<i>Convolvulus erinaceum</i>	Gypsophyte	Hemihalophyte	Poikiloxerophyte	Ombrophyte	Medicinal, alkaloid-containing, fodder plant

Discussion

The ecological analysis of plant species distributed within the Aydar–Arnasoy lake system reveals a complex and highly adaptive floristic structure shaped by both natural and anthropogenic factors. The dominance of halophytes, psammophytes, and gypsophytes clearly reflects the prevailing edaphic and hydrological conditions of the region, which are

characterized by saline soils, sandy substrates, gypsum-rich horizons, and fluctuating water regimes.

One of the most significant findings of this study is the predominance of halophytes and psammophytes among the recorded species. This pattern confirms that soil salinity and soil texture are the key environmental filters controlling species distribution in the Aydar–Arnasoy lake

system. Similar patterns have been reported for arid and semi-arid regions of Central Asia, where salinization and desertification strongly influence vegetation structure (Akzhigitova, 1982). The high proportion of euhalophytes and hyperhalophytes (e.g., *Suaeda*, *Salsola*, *Salicornia*, *Tamarix*) indicates long-term adaptation to saline conditions and suggests that these species play a stabilizing role in salt-affected landscapes.

The wide ecological amplitude observed in several dominant taxa deserves particular attention. Species such as *Salsola richteri*, *Salsola arbuscula*, *Salsola paulsenii*, *Haloxylon ammodendron*, *Atriplex* spp., and *Bassia hyssopifolia* demonstrate the ability to thrive across multiple ecological gradients, including saline soils, sandy substrates, and varying moisture conditions. This ecological plasticity allows these species to occupy transitional habitats between deserts, salt flats, and lake shore zones, thereby contributing to vegetation continuity and landscape resilience.

The classification of species according to soil moisture preference and water requirement further highlights the ecological heterogeneity of the study area. The coexistence of ombrophytes, phreatophytes, and xerophytes within a relatively compact territory reflects the spatial mosaic created by groundwater availability, seasonal flooding, and anthropogenic water inputs from the Chardara Reservoir. In particular, phreatophytic species such as *Tamarix*, *Halocnemum*, and *Suaeda* are closely associated with shallow groundwater levels and play a

crucial role in stabilizing shorelines and saline depressions.

From an applied ecological perspective, the high proportion of species with economic and ecological importance underscores the multifunctional value of the vegetation cover. Many recorded species serve as fodder plants, forming the basis of the natural forage resources for pastoral activities in the region. Others possess medicinal, dye-yielding, essential oil-bearing, alkaloid-containing, or honey-producing properties, highlighting their potential for sustainable use (Genkel, 1983). Moreover, phytomeliorant and sand-stabilizing species (e.g., *Haloxylon*, *Calligonum*, *Salsola*) are of particular importance for combating soil degradation, wind erosion, and desertification processes.

The presence of ornamental and Red Data Book species (e.g., *Tulipa lehmanniana*, *Iris* spp.) indicates that the Aydar–Arnasoy lake system also has conservation value. Anthropogenic pressure, climate variability, and changes in hydrological regimes may pose threats to these sensitive taxa. Therefore, continuous ecological monitoring and the integration of conservation measures into land-use planning are strongly recommended.

Conclusion

The analysis of ecological groups of plants based on soil mechanical composition showed that halophytes adapted to saline soils and psammophytes adapted to saline sandy soils comprise a large number of species in the study area. The results demonstrate that some species

exhibit a high degree of ecological adaptability. For example, *Salsola richteri*, *Salsola arbuscula*, *Salsola paulsenii*, *Haloxylon aphyllum*, *Atriplex pratovii*, and *Bassia hyssopifolia* are well adapted to growth on both saline soils and saline sands.

The analysis confirms that ecological groups associated with soil mechanical composition are dominated by halophytes in saline substrates and psammophytes in saline sandy soils, indicating their wide ecological amplitude and resilience under harsh environmental conditions.

The presented data are based on the results of the present study; however, the number of species may change under the influence of ecological dynamics and anthropogenic factors.

In conclusion, representatives of the Amaranthaceae family, which occupy a leading position in the natural fodder base, exhibit clear dominance in this region, as is typical of desert floras. These species show differentiated distribution across various ecological environments, reflecting their adaptive strategies and ecological significance within the Aydar–Arnasoy lake system.

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